





Meal Prices

Student Paid \$2.75
 Student Reduced \$.40
 Adult Lunch \$4.50

**Tredyffrin Easttown School District
 Elementary School Lunch Menu**

OCTOBER

Register at www.paypams.com
 for FREE! View your child's account balance, account
 statement & receive low balance email notifications!
 Deposits made on-line will incur a \$1.95 fee. All
 other services are free.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
NO SCHOOL	Penne Pasta w/Spaghetti Sauce and Meatballs	Diced Chicken in Gravy	Soft Taco w/ Cheese	Mickey's Pizza
	Sliced Cucumber w/Dip Green Beans Pears	Mashed Potatoes Peas Orange Smiles	Lettuce, Tom, Salsa, Black Bean Corn Fresh Grapes	Tossed Salad Carrot Sticks w/Dip Peaches
THIS WEEKS ALTERNATE ENTRÉE'S (No B Choice on Friday's)				
B) Chicken Nuggets w/ Dinner Roll, C) PBJ on Whole Wheat D) Yogurt Bites (Yogurt, String Cheese, Teddy Grahams, Grapes, Carrots) E) Chicken Caesar Salad				
10	11	12	13	14
Turkey Hot Dog on a Bun	Toasted Cheese Sandwich	NO SCHOOL	WW French Toast w/ Sausage Patty	French Bread Pizza
Baked Beans Carrot Coins Mixed Fruit	Tomato Soup Carrot Sticks w/Dip Fresh Orange Smiles		Potato Puffs Sliced Cucumber w/Dip Orange Juice	Tossed Salad Corn Pears
THIS WEEKS ALTERNATE ENTRÉE'S (No B Choice on Friday's)				
 B) Cheeseburger on a Bun, C) PBJ on Whole Wheat, D) Tuna Salad Sandwich E) Taco Salad				
17	18	19	20	21
Chicken Nuggets w/WW Roll	Nacho's with Seasoned Beef	Baked Macaroni and Cheese	Soft Taco w/Cheese	Mickey's Pizza
Mashed Potatoes Baked Beans Peaches	Lettuce, Tomato, Salsa Peas Fresh Grapes	Carrot Coins Sliced Cucumber w/Dip Fresh Apple	Lettuce, Tomato, Salsa Corn Baby Carrots w/Dip	Tossed Salad Baby Carrots w/Dip Sliced Apples
THIS WEEKS ALTERNATE ENTRÉE'S (No B Choice on Friday's)				
 B) Pizza Slice, C) PBJ on Whole Wheat, D) Hummus Bites (Hummus, Carrot Stix, Grapes, Pita Wedges) E) Chicken Salad Platter				
24	25	26	27	28
Cheese Breadsticks w/Marinara Sauce	Oven Baked BBQ Chicken	Cheeseburger on a Bun	Baked Ziti w/ Sausage Meat sauce	Individual Round Pizza
Broccoli w/Dip Corn Apple Slices	Green Beans Carrot Sticks w/Dip Pears	Baked French Fries Baked Beans Peaches	Corn Broccoli w/Dip Fresh Grapes	Tossed Salad Baby Carrots w/Dip Sliced Apples
THIS WEEKS ALTERNATE ENTRÉE'S (No B Choice on Friday's)				
 B) Breaded Chicken Patty on a Bun C) PBJ on Whole Wheat, D) Ham and Cheese Sandwich E) Taco Salad				
31	1	2	3	4
Cheesesteak on a Sub Roll	Popcorn Strips w/ Dipping Sauce	WW French Toast w/ Sausage Patty	Baked Potato w/Broccoli, Cheese, Seasoned Beef	Mickey's Pizza
Broccoli w/Dip Green Beans Mixed Fruit	Mashed Potatoes Baked Beans Pears	Baby Carrots w/Dip Broccoli w/Dip Apple Slices	Corn Carrot Coins Peaches	Tossed Salad Sliced Cucumber w/Dip Fresh Grapes
THIS WEEKS ALTERNATE ENTRÉE'S (No B Choice on Friday's)				
B) Cheeseburger on a Bun C) PBJ on Whole Wheat, D) Yogurt Bites E) Tuna Salad Platter 				

Milk is Available with all meals: Non-fat Chocolate, 1% White and Skim ■ 4oz Apple and Grape Juice is available with each meal